



ONE DAY NATIONAL SEMINAR

On
Mental Health Well-Being in Schools
: New Approaches for Student Support



-: Venue :-

Joypur College of Education
(Auditorium Hall)

-: Date & Time :-

18th December 2025
Thursday from 10:00 am



- Organised by -

IQAC of Joypur College of Education

Sitalchak, Amta, Howrah-711303

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Invitation

Joypur College of Education, (B.Ed & D.El.Ed) established in 2016 at Sitalchak, Amta, Howrah, cordially invite you to the National Seminar on "Mental Health Well-being in Schools: New Approaches for Student Support." Organized by the IQAC. This seminar aims to highlight the growing importance of mental health in school settings and to explore innovative strategies that support students' emotional, psychological, and social development.

The seminar will bring together experts, educators, administrators, scholars, and students to discuss:

- New approaches to student mental-health support
 - Ways to create a healthy teaching-learning environment
 - The role of educators in early identification and intervention
- We warmly invite you to join us and share your valuable ideas and experiences to help build stronger, student-centered support systems in schools.

Your presence will be highly appreciated.

Regards,

Snehendu Kaity

Dr. Abhishek Mukherjee

President

Principal

Joypur College of Education

Joypur College of Education

Inauguration and Keynote Speaker



Prof. (Dr.) Soma Bandyopadhyay
Vice-Chancellor
Baba Saheb Ambedkar Education University

Special Guest

Dr. Biswajit Bala
Assistant Registrar (Acting)
Baba Saheb Ambedkar Education University

Shri Swapan Kumar Ray
Deputy Registrar
Baba Saheb Ambedkar Education University

Shri Abhijit Biswas
Controller of Examinations
Baba Saheb Ambedkar Education University

Respected Resource Persons



Dr. Santanu Mukherji

Assistant Regional Director,
Kolkata Regional Centre,
Indira Gandhi National Open University (IGNOU),



Prof. Dr Samar Kumar Mandal.

Professor of Philosophy & Coordinator
of the Centre for Counselling Services
and Studies in Self Development.
Jadavpur University . Kolkata .



Dr. Debashis Dhar

Ex.T.I.C GCM College of Education.
Prof. Sea com skills University,Santiniketan
Associated with RKDF University Ranchi

Guest

Dr Sourav Mandal

Mail: sourav.m803@gmail.com

Mr Indrajit Singha

Mail: indrajitsingha96@gmail.com

Organizing Committee

Patrons

- President : Mr. Snehendu Kaity, President,
Joypur College of Education
- Secretary : Mr. Sunil Kumar Dalui, Secretary,
Joypur College of Education
- Treasurer : Kanai Lal Sahu, Treasurer,
Joypur College of Education
- Jt. Secretary : Dr. Abhishek Mukherjee, Principal,
Joypur College of Education
- Member : Mr. Arun Bhowmick , MC Member,
Joypur College of Education
- Member : Mr. Arun Nandi, MC Member,
Joypur College of Education
- Jt. Convener : Dr. Niladri Sekhar Dara, IQAC
Co-Ordinator, Joypur College of Education
- Jt. Convener : Dr. Pabitra Kumar Hazra,
Joypur College of Education

Mental Health and Well-Being in Schools: New Approaches for Student Support

Theme 1: Rethinking School-Based Mental Health Frameworks

- Integrating Mental Health into the School Curriculum: Policy Pathways and Practices.
- Redesigning School Ecosystems for Emotional Safety and Psychological Growth.
- The Future of School Counselling Services in India: Models, Gaps, and Possibilities.
- Mental Health Literacy Among Teachers: A New Educational Imperative.

Theme 2: Digital Frontiers in Student Mental Health Support

- Digital Well-Being and Screen-Time Anxiety: What Schools Need to Know.
- AI and Mental Health: Opportunities and Risks in School- Based Interventions.
- Tele-Counselling in Indian Schools: A Roadmap for Scalable Access.
- EdTech for Emotional Intelligence: Can Technology Build Resilient Learners?

Theme 3: Inclusion, Equity, and Psychosocial Well-Being

- Addressing Mental Health Disparities: Rural, Urban, and Tribal School Realities.
- Caste, Class, and Classroom Stress: The Hidden Mental Health Divide.
- Neurodiversity and Schooling: Supporting Learners Beyond Labels.
- Gendered Experiences of Anxiety in Indian Schools: A Sociocultural Inquiry.

Theme 4: Building Resilience, Relationships, and Life Skills

- The Role of Peer Support Systems in Promoting Student Well-Being
- Mindfulness and Yoga in Schools: Ancient Practices, Contemporary Relevance
- Emotional Resilience as a 21st-Century Competency: A Pedagogical Approach
- Strengthening Parent-School Partnerships for Holistic Mental Health Support



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