



ABOUT CHRIST COLLEGE, MYSURU

Christ College, Mysuru, stands as a vibrant institution committed to academic excellence, holistic development and value-based education. Established in 2016, the college has grown steadily from its humble beginnings into a centre of higher learning known for its dedication to quality education, discipline and innovation. Affiliated with the University of Mysore, the institution offers diverse undergraduate programmes in Commerce, Management, Sciences, Computer Applications and the Social Sciences, catering to the evolving needs of students in a dynamic world.

The college is managed by the Carmelites of Mary Immaculate (CMI), the first indigenous religious congregation for men in India, founded in 1831 by St. Kuriakose Elias Chavara, a visionary educationist and social reformer. His pioneering efforts in promoting education, especially during a time when access to learning was limited, laid the foundation for a transformative educational movement in India. His vision of integrating knowledge with moral and spiritual values continues to guide CMI institutions across the country.

At Christ College, this legacy is reflected in its commitment to nurturing intellectually competent, socially responsible and ethically grounded individuals. The institution emphasizes not only academic achievement but also co-curricular engagement, research and community outreach. Regular national-level workshops, conferences and student-led initiatives create a dynamic learning environment that encourages critical thinking and innovation.

The serene and green campus, thoughtfully developed by the management, provides an inspiring atmosphere for learning. With a dedicated faculty, modern infrastructure and a strong value system, Christ College, Mysuru, continues to shape young minds and contribute meaningfully to society, upholding the rich educational heritage of the CMI congregation.



PREFACE

It gives me immense pleasure to present this special issue of our national journal, emerging from the National Conference on the theme “*Innovations and Practices Across Disciplines for a Sustainable Future.*” The conference was conceived as a vibrant academic platform to bring together scholars, educators, researchers, professionals and students to deliberate on the pressing and ever-relevant concern of sustainability.

In a world shaped by rapid technological change, environmental challenges, and evolving socio-economic realities, sustainability can no longer be viewed through a single disciplinary lens. It calls for a collaborative and interdisciplinary approach. The future we envision depends on innovations not only in science and technology but also in education, management, commerce, social sciences and public policy. The theme of the conference reflects this inclusive perspective, emphasizing that meaningful progress is achieved when knowledge transcends boundaries.

The conference served as a forum for intellectual exchange, enabling participants to present research, explore new ideas and engage in critical dialogue. The enthusiastic response and the quality of scholarly contributions reaffirmed the importance of such interdisciplinary engagements. The discussions highlighted the role of institutions, policies and individual responsibility in shaping a sustainable future.

This publication carries forward the essence of the conference by presenting selected papers that embody academic rigor and innovative thinking. I extend my sincere gratitude to all contributors, reviewers and organizers. It is hoped that this volume will inspire continued research and meaningful action toward a more sustainable and inclusive world.

Fr. Jinto Jose
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