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# Synthetic Biology & Gene Editing: Advancing Sustainable Development Goal 3

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#### Abstract

Synthetic biology and gene editing are cutting-edge technologies poised to transform healthcare and advance Sustainable Development Goal 3 (SDG 3) - "Good Health and Well-being." Synthetic biology involves designing biological components for novel functions, driving personalized medicine and innovative therapies. Gene editing, especially with CRISPR-Cas9, enables precise DNA modifications, revolutionizing disease treatment and health equity. This research assesses the current state of these technologies, identifies adoption barriers, explores successful applications, and evaluates economic feasibility. Despite their potential, challenges hinder widespread implementation. Through case studies and economic analysis, this study aims to unlock synthetic biology and gene editing's full potential in achieving SDG 3, ensuring healthier lives worldwide.

**Keywords:** Synthetic Biology, Gene Editing, Personalized Medicine, Crispr-Cas9, Dna Modifications, Innovation.

#### Introduction:



Figure 1: Ecomena.org

Synthetic biology and gene editing represent cutting-edge technologies that have the potential to revolutionize various sectors, including healthcare, and environmental agriculture, conservation. These innovations play a crucial role in advancing Sustainable Development Goal 3 (SDG 3) - "Good Health and Well-being," which seeks to ensure healthy lives and promote wellbeing for all at all ages. By harnessing the capabilities of synthetic biology and gene editing, researchers and innovators are venturing into new frontiers of

disease prevention, treatment, and sustainable healthcare solutions.

Synthetic biology, at its core, involves the design and construction of biological parts, devices, and systems to create novel functions and applications. In the realm of healthcare, synthetic biology is driving progress towards personalized medicine, targeted therapies, and innovative bioengineering solutions. For instance, scientists are actively developing synthetic microbes capable of producing therapeutic drugs, designing biosensors for early disease detection, and engineering cells for regenerative medicine purposes. These advancements not only promise more effective treatments but also open doors to personalized healthcare approaches tailored to individual patient needs.

Gene editing, particularly through revolutionary tools like CRISPR-Cas9, enables precise modifications to DNA sequences, presenting unparalleled opportunities for addressing genetic diseases and improving patient outcomes. From correcting harmful genetic mutations to bolstering immune responses against infectious pathogens, gene editing technologies hold immense potential for transforming healthcare delivery and promoting health equity worldwide. Furthermore, the ability to edit genes offers hope for tackling previously incurable conditions and paving the way for more targeted and effective therapies.

The synergy between synthetic biology and gene editing represents a paradigm shift in healthcare and beyond, offering promising avenues for advancing SDG 3 and contributing to the overarching goal of ensuring healthy lives and well-being for all individuals, regardless of age or background. As these technologies continue to evolve, their impact on disease prevention, treatment, and sustainable healthcare solutions is poised to make a lasting and positive difference in global health outcomes.

# **Objectives:**

- To evaluate synthetic biology and gene editing's current healthcare potential for SDG.
- To identify barriers to widespread adoption in healthcare for SDG 3 improvement.
- To explore successful healthcare applications of synthetic biology and gene editing for SDG 3.
- To assess economic feasibility of integrating these technologies into healthcare for SDG 3, considering cost-effectiveness and scalability.

#### **Research Methodology:**

The research design used for this project is Descriptive research. This project heavily relies on secondary sources, particularly those found online. Meaningful inferences might be made as a result of the systematic presentation of all the gathered and compiled information and data.

#### Analysis and Interpretation:

#### Synthetic Biology And Gene Editing's Current Healthcare Potential For SDG.

Synthetic biology and gene editing technologies have made significant strides in the healthcare sector, offering promising avenues to address various challenges and contribute to achieving Sustainable Development Goal 3 (SDG 3) targets, which focus on ensuring healthy lives and promoting well-being for all at all ages. Here are some key aspects of their current state and potential contributions:

• Precision Medicine: Synthetic biology and gene editing technologies allow for the development of personalized treatments based on an individual's genetic profile. This approach ensures more effective and targeted therapies, reducing adverse effects and improving patient outcomes. For example, cancer treatments can be tailored to target specific genetic mutations in tumors, enhancing efficacy and minimizing side effects.



Figure 2: Gene Editing for Therapy

- Disease Prevention and Treatment: Gene editing tools like CRISPR-Cas9 offer revolutionary possibilities for correcting genetic defects responsible for various inherited diseases. Conditions such as cystic fibrosis, sickle cell anemia, and certain types of cancer can potentially be treated by editing or replacing faulty genes, providing long-lasting solutions and improving quality of life for affected individuals.
- Vaccine Development: Synthetic biology plays a pivotal role in vaccine development by enabling the rapid design and production of vaccines. For instance, mRNA vaccines, a product of synthetic biology, have demonstrated remarkable success, as seen with COVID-19 vaccines. This technology allows for quicker responses to emerging infectious diseases and more effective immunization strategies.
- Drug Discovery and Development: Gene editing techniques aid in creating disease models that closely mimic human conditions, facilitating drug testing and accelerating the discovery of new medications. By using engineered cell lines or animal models with specific genetic traits, researchers can better understand disease mechanisms and identify potential drug targets, leading to the development of novel therapies.
- Bioinformatics and Data Analysis: Synthetic biology is intertwined with advanced bioinformatics tools, allowing for the comprehensive analysis of biological data. This integration helps researchers understand complex biological systems, identify patterns, and uncover disease mechanisms. By leveraging computational methods, such as machine learning and data mining, insights gained from bioinformatics contribute to more targeted healthcare interventions and treatment strategies.

- Biomanufacturing of Pharmaceuticals: Synthetic biology enables the engineering of microbial hosts for large-scale production of therapeutic molecules, such as proteins and enzymes. This biomanufacturing approach offers cost-effective and sustainable methods for producing pharmaceuticals, ensuring a reliable supply of essential medicines and reducing dependence on traditional manufacturing processes.
- Gene Therapy: Gene editing technologies, including CRISPR-Cas9, are utilized in gene therapy to treat inherited disorders by correcting or modifying defective genes. This innovative approach holds promise for conditions that have a genetic basis, offering potential cures or significant improvements in patient health and quality of life.

While these advancements hold great promise, ethical considerations, regulatory frameworks, and accessibility issues must be carefully addressed to ensure the responsible and equitable application of synthetic biology and gene editing technologies in healthcare, ultimately contributing to the attainment of SDG 3 targets.

# Barriers To Widespread Adoption In Healthcare For SDG 3 Improvement.

Synthetic biology and gene editing hold tremendous promise for improving health outcomes under Sustainable Development Goal 3 (SDG 3), which focuses on ensuring healthy lives and promoting wellbeing for all at all ages. However, several challenges and barriers hinder their widespread adoption and implementation:

- Ethical and Moral Concerns: One of the most significant barriers is the ethical and moral debate surrounding the use of synthetic biology and gene editing technologies, particularly in humans. Concerns about playing "God," altering the germline, and creating designer babies raise substantial ethical questions that require careful consideration and regulation. This aspect significantly impacts the acceptance and adoption of these technologies.
- Regulatory Hurdles: The regulatory landscape for synthetic biology and gene editing is complex and varies widely across different countries and regions. Lack of clear and consistent regulations can hinder research, development, and commercialization efforts. Striking a balance between promoting innovation and ensuring safety and ethical standards is crucial but challenging.
- Safety and Efficacy: Ensuring the safety and efficacy of synthetic biology and gene editing interventions is paramount. Concerns about off-target effects, unintended consequences, and long-term impacts on individuals and ecosystems must be adequately addressed through rigorous testing, validation, and monitoring processes.
- Accessibility and Affordability: The accessibility and affordability of synthetic biology and gene editing therapies pose significant challenges, particularly in low- and middle-income countries (LMICs) and underserved communities. High costs, limited infrastructure, and lack of trained personnel can impede the widespread adoption and equitable distribution of these innovations.
- Public Perception and Awareness: Public perception and awareness play a crucial role in shaping the acceptance and uptake of synthetic biology and gene editing technologies. Misinformation, fear of genetic manipulation, and mistrust of scientific advancements can lead to resistance and reluctance among the general population and key stakeholders.
- Intellectual Property Rights: Issues related to intellectual property rights, patents, and licensing can create barriers to collaboration, knowledge sharing, and technology transfer in the field of synthetic biology and gene editing. Balancing commercial interests with the greater good and fostering open innovation models is essential for overcoming these challenges.

- Environmental and Biosafety Concerns: The potential environmental impacts of releasing genetically modified organisms (GMOs) and engineered organisms into the environment raise concerns about ecological disruption, biodiversity loss, and unintended consequences. Robust risk assessment frameworks and biosafety protocols are needed to address these challenges responsibly.
- Capacity Building and Education: Building technical capacity, training skilled professionals, and raising awareness about synthetic biology and gene editing are critical for their successful adoption and implementation. Investments in education, training programs, and public engagement initiatives are necessary to foster a knowledgeable and supportive ecosystem.

# Successful Healthcare Applications of Synthetic Biology And Gene Editing For SDG 3

Successful applications of synthetic biology and gene editing in healthcare that align with SDG 3 (Ensure healthy lives and promote well-being for all at all ages) are given below.

- Cystic Fibrosis (CF) Gene Therapy: Synthetic biology has been leveraged to engineer bacteria for delivering functional copies of the CFTR gene to lung cells, targeting cystic fibrosis. This approach is a potential cure for CF, a life-threatening condition caused by a faulty CFTR gene. Researchers have utilized probiotic bacteria to serve as carriers for the healthy CFTR gene, which can then be delivered to the affected lung cells. The engineering of these bacteria as delivery vehicles represents a significant advancement in gene therapy for cystic fibrosis.
- CRISPR Gene Editing for Sickle Cell Disease (SCD): CRISPR gene editing has emerged as a promising avenue for treating sickle cell disease by correcting the mutated gene responsible for the condition. Early trials have demonstrated success in modifying the gene within blood stem cells, offering a potential cure for this debilitating disease. By using CRISPR technology, researchers can precisely target and edit the specific genetic mutation causing SCD, paving the way for more effective and targeted treatments.
- Gene Editing to Combat HIV: Scientists are investigating gene editing techniques to disable the CCR5 receptor, which HIV utilizes to enter cells. By disrupting this receptor, researchers aim to prevent or treat HIV infection effectively. Gene editing technologies such as CRISPR offer a targeted approach to modify specific genes involved in viral entry, presenting a potential breakthrough in HIV treatment and prevention strategies.
- CAR T-Cell Therapy for Cancer Immunotherapy: Cancer immunotherapy has been revolutionized by CAR T-cell therapy, a form of treatment that involves genetically modifying T cells to recognize and attack cancer cells. This approach has shown remarkable success in treating certain types of leukemia and lymphoma by enhancing the immune system's ability to target cancerous cells. By genetically engineering T cells to express chimeric antigen receptors (CARs), researchers have unlocked a powerful tool in the fight against cancer.

These case studies highlight the transformative impact of synthetic biology and gene editing in healthcare, aligning with Sustainable Development Goal 3 (SDG 3) by advancing medical technologies for ensuring healthy lives and promoting well-being for all at all ages.

# Economic Feasibility of Integrating These Technologies Into Healthcare For SDG 3, Considering Cost-Effectiveness And Scalability.

Integrating synthetic biology and gene editing technologies into healthcare has the potential to revolutionize personalized medicine, disease prevention, and the treatment of complex illnesses. However, assessing their economic feasibility and sustainability involves analyzing various key factors:

# **Cost-effectiveness:**

- High upfront cost: Developing and implementing synthetic biology and gene editing technologies require substantial investments in research, infrastructure, and skilled personnel. For instance, CRISPR-Cas9 gene editing demands expensive laboratory equipment and expertise.
- Potential cost savings: Despite the initial costs, these technologies have the potential to reduce healthcare expenses in the long term. Gene therapies, for instance, could eliminate the need for lifelong medication for chronic diseases.
- Balancing costs and benefits: Evaluating cost-effectiveness involves assessing whether the benefits of these technologies, such as improved health outcomes and reduced long-term healthcare costs, justify the initial investments. Factors like disease prevalence, treatment efficacy, and the cost of traditional treatments must be factored in.

# Scalability:

- Manufacturing challenges: Scaling up production of synthetic biological components and gene editing tools is a challenge due to current manufacturing processes' inefficiencies and costs.
- Standardization and regulations: Standardizing procedures and establishing clear regulatory frameworks are crucial for ensuring consistent and safe delivery of these therapies.
- Infrastructure development: Building the necessary infrastructure to deliver these therapies across different healthcare settings is essential for their widespread adoption and scalability.

# Long-term impacts:

- Improved health outcomes: Synthetic biology and gene editing technologies have the potential to significantly improve health outcomes by preventing and curing diseases more effectively. This can lead to reduced healthcare costs and increased productivity.
- Ethical considerations: There are ethical concerns regarding gene editing, such as unintended consequences, eugenics, and germline editing. Open discussions and clear guidelines are necessary to address these ethical issues responsibly.
- Equity and access: Ensuring equitable access to these therapies is critical. Strategies to address affordability and availability, particularly in developing countries, are essential to ensure that everyone can benefit from these potentially life-saving innovations.

In summary, while integrating synthetic biology and gene editing technologies into healthcare offers immense promise, addressing economic feasibility, scalability challenges, and long-term impacts requires a holistic approach that considers cost-effectiveness, regulatory frameworks, ethical considerations, and strategies for equitable access.

# **Recommendations and Findings**

- Advancements in Healthcare: Synthetic biology and gene editing technologies have significantly advanced healthcare by enabling precise interventions at the genetic level. This includes targeted gene therapies, personalized medicine, and disease prevention strategies.
- Improved Treatment Efficacy: Gene editing tools like CRISPR-Cas9 have shown promising results in treating genetic disorders, cancer, and infectious diseases. They offer the potential to develop more effective and tailored treatments, improving patient outcomes and reducing healthcare costs.

- Ethical Considerations: While these technologies hold great promise, there are ethical considerations regarding genetic manipulation, privacy issues, and equitable access to treatments. It's essential to address these concerns through robust ethical frameworks and regulatory oversight.
- Cost-Effectiveness and Scalability: Integrating synthetic biology and gene editing into healthcare systems requires assessing cost-effectiveness, scalability, and long-term sustainability. Investments in research, infrastructure, and workforce development are crucial to realizing the full potential of these technologies.
- Global Collaboration: Collaboration among researchers, healthcare providers, policymakers, and industry stakeholders is vital for accelerating the adoption of synthetic biology and gene editing in healthcare. International partnerships can facilitate knowledge sharing, capacity building, and equitable access to innovations.
- Education and Public Engagement: Promoting public understanding and engagement with synthetic biology and gene editing is essential. Education initiatives, transparent communication about risks and benefits, and inclusive decision-making processes can build trust and support for responsible use of these technologies.
- Monitoring and Evaluation: Continuous monitoring and evaluation of the economic, social, and environmental impacts of synthetic biology and gene editing in healthcare are necessary. This includes assessing outcomes, addressing unintended consequences, and adapting strategies based on feedback and data-driven insights.

These recommendations and findings highlight the multifaceted nature of integrating synthetic biology and gene editing into healthcare to advance Sustainable Development Goal 3 (Good Health and Well-being). Addressing ethical, economic, and societal aspects while fostering collaboration and public engagement is key to maximizing the benefits of these technologies while minimizing risks.

# **Conclusion:**

Synthetic biology and gene editing technologies are at the forefront of scientific innovation, offering tremendous potential to advance Sustainable Development Goal 3 (SDG 3) - "Good Health and Well-being." These cutting-edge tools have already demonstrated their ability to revolutionize healthcare by enabling precise interventions at the genetic level, personalized medicine, disease prevention, and innovative therapies. The integration of synthetic biology and gene editing into healthcare systems represents a paradigm shift that can significantly contribute to ensuring healthy lives and promoting well-being for all at all ages.

Key advancements in synthetic biology include the design and construction of biological parts, devices, and systems to create novel functions and applications. In the healthcare sector, this translates into personalized treatments, targeted therapies, and bioengineering solutions that cater to individual patient needs. For instance, synthetic microbes are being developed to produce therapeutic drugs, biosensors for early disease detection, and engineered cells for regenerative medicine purposes. These advancements not only promise more effective treatments but also open doors to tailored healthcare approaches that improve patient outcomes and reduce healthcare costs.

Gene editing, particularly through revolutionary tools like CRISPR-Cas9, allows for precise modifications to DNA sequences, offering unparalleled opportunities to address genetic diseases and improve patient outcomes. From correcting harmful genetic mutations to enhancing immune responses against infectious pathogens, gene editing technologies hold immense promise for transforming healthcare delivery and promoting health equity worldwide. Furthermore, the ability to edit genes offers hope for tackling previously incurable conditions and paving the way for more targeted and effective therapies.

Successful applications of synthetic biology and gene editing in healthcare align with SDG 3 objectives by advancing medical technologies, ensuring healthy lives, and promoting well-being for all individuals, regardless of age or background. These include precision medicine approaches, disease prevention strategies, vaccine development, drug discovery, and gene therapies that target specific genetic disorders. For instance, synthetic biology has been instrumental in engineering bacteria for delivering functional copies of genes to treat conditions like cystic fibrosis, while gene editing techniques like CRISPR have shown promise in treating sickle cell disease and combatting HIV.

While the potential of synthetic biology and gene editing to advance SDG 3 is immense, several challenges and considerations must be addressed. Ethical concerns regarding genetic manipulation, regulatory frameworks, safety, accessibility, affordability, public perception, and capacity building are critical aspects that require careful consideration and responsible management. Collaboration among researchers, healthcare providers, policymakers, industry stakeholders, and the public is essential to navigate these challenges and ensure the responsible and equitable integration of these technologies into healthcare systems.

In conclusion, synthetic biology and gene editing represent powerful tools that can drive significant progress towards achieving Sustainable Development Goal 3. Their potential to revolutionize healthcare, improve treatment efficacy, and address complex health challenges underscores the importance of embracing these technologies while addressing ethical, regulatory, and accessibility considerations. By fostering collaboration, innovation, and responsible use, synthetic biology and gene editing have the potential to transform healthcare systems globally and contribute to ensuring healthy lives and promoting well-being for all.

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